CAFETERIA MENU

NAME_ CLASS _



Monday September 03	Nursery Primary Second Salad Fruits Amount
SET MANU STRAMED DICE, ROASTED UCCHINI STICKS WITH PARMESAN 1000 1500 1500 200	SET 140.00 150.00 175.00 100.00 110.00 135.00 20.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 20.00 100.00 110.00 135.00 20.00
STEAN STAND NOT. ROASTED LUCCHINS TICKS WITH PARMESAN 140.00 190.00 175.00 20.00	140.00
CONTINENTAL I SERVED WITH GERES SALAD SIME NUTL CUP ASIAN ASIAN ASIAN ASIAN ASIAN CONTINENTAL I PASTA CONTINENTAL I PASTA CHEST PASTA CH	100.00
ASIAN STEAMED RICE, STEAMED BEAN SPROUTS CONTINENTIAL 2 CRAFT PROPERTION WITH AFFEES CONTINENTIAL 2 CRAFT PROPERTION WITH AFFEES CRAFT PROPERTION WITH AFFEES STRAMED RECE, ROASTED JUCCHINI STICKS WITH PARMESAN TOOM 110.00 110.00	100,00
ASIAN STAAMED RICK, SITAMED BRAN SPROUDS 0,000 0,0	100.00
COMINENTAL 2 FASTA PRICE PRICE STRAND BRAIN STROUGH STROKE WITH PARMESAM PASTA PRATECUTY OF THE PASTA STRAND BRAIN STROKE WITH PARMESAM PASTA CHEER STRAND BRAIN STROKE WITH PARMESAM PRESH PRILITS PRESH PRILITS PRESH PRILITS PRESH PRILITS PORK TORKER CHAIN WITH PARMESAM PRESH PRILITS ANADOM CHEER STRAND CONTROL BRAIN STROKE ROLL PRESH PRILITS PORK TORKER STROKE WITH STROKE WITH PARMESAM PRESH PRILITS PORK TORKER STROKE WITH STROKE WITH PARMESAM PRESH PRILITS PORK TORKER STROKE WITH STROKE WITH PARMESAM PORK TORKER STROKE WITH STROKE WITH PARMESAM PRESH PRILITS PORK TORKER STROKE WITH STROKE WITH PARMESAM PORK TORKER STROKE WITH STROKE WITH PARMESAM PRESH PRILITS PORK TORKER STROKE WITH PARMESAM PORK TORKER STROKE WITH STROKE WITH PARMESAM PRESH PRILITS PORK TORKER STROKE WITH PARMESAM PORK TORKER STROKE WITH PARMESAM PRESH PRILITS PORK TORKER STROKE WITH PARMESAM PO	100,00
CONTINUENTAL 2 PASTA PA	100,00
PASTA CHEST MENDED PRICE, ROUNTED JULIC PRINTS WITH PROMISSION CHEST MENDED PRICES SANDWICHES SANDWICHES SANDWICHES SANDWICHES SANDWICHES PLANT BASED / VECAN ARRIGIDA MA AND CHESSE PANN PULLED PROFE BEG SANDWICHEN IN LABER ROLL	100,00
AND SALATION 1500 1000 1000 1500 1000	100.00
SANDWICHS PULLED PROK BIGS SANDWICH IN CARSAR WAP PULLED PROK BIGS SANDWICH IN CARSAR ROLL PLANT BASED / VEGAN PULLED PROK BIGS SANDWICH IN CARSAR ROLL PLANT BASED / VEGAN ASUBLAN MOZZARELA & TOMATO ON WHICH BREAD VEGETARIAN) PLANT BASED / VEGAN PLANT BASED / VEGAN ASUBLAN MOZZARELA & TOMATO ON WHICH BREAD VEGETARIAN) PLANT BASED / VEGAN ASUBLAN MOZZARELA & TOMATO ON WHICH BREAD VEGETARIAN) PLANT BASED / VEGAN PLANT BASED / VEGAN ASUBLAN MOZZARELA & TOMATO ON WHICH BREAD VEGETARIAN) PLANT BASED / VEGAN ASUBLAN MOZZARELA & TOMATO ON WHICH BREAD VEGETARIAN) PLANT BASED / VEGAN PRATE - CARSAR SALAD CUP- GREEN SALAD PRATE - CARSAR SALAD CONTINENTAL I CONTINENTAL I SER BOURGUIGHON STEAMED RICE, ROASTED GOEN BRANS, CAULIFLOWER & RED BELL PEPPERS TOMATO STEAMED RICE, ROASTED GEEN BRANS, CAULIFLOWER & RED BELL PEPPERS TOMATO STEAMED RICE, ROASTED GEEN BRANS, CAULIFLOWER & RED BELL PEPPERS SANDWICHES STEAMED RICE, ROASTED GEEN BRANS, CAULIFLOWER & RED BELL PEPPERS TOMATO STEAMED RICE, ROASTED GEEN BRANS, CAULIFLOWER & RED BELL PEPPERS SANDWICHES STEAMED RICE, ROASTED GEEN BRANS, CAULIFLOWER & RED BELL PEPPERS TOWN INCIDENT SYLEMAN SALADS PLANT BASED / VEGAN TOWN INCIDENT SYLEMAN BRANCH RICE CHICKEN RANGE ROASTED GEEN BRANS, CAULIFLOWER & RED BELL PEPPERS TOWN INCIDENT SYLEMAN TOWN INCIDENT SYLEMAN BRANCH RICE CHICKEN RANGE ROASTED GEEN BRANS, CAULIFLOWER & RED BELL PEPPERS TOWN INCIDENT SYLEMAN BRANCH RICE TOWN INCIDENT	95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 175.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 95.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 95.00 20.00 20.00
SANDWICHS PLANT BASED / VEGAN RESH RUITS CHICKEN CASAR WARD PLANT BASED / VEGAN RESH RUITS CHICKEN CASAR WARD PLANT BASED / VEGAN RESH RUITS RESH RUITS RESH RUITS RESH RUITS PLANT BASED / VEGAN RESH RUITS RUITS RESH RUITS RESH RUITS RESH RUITS PLANT BASED / VEGAN RESH RUITS RUITS RESH RUITS	95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 75.00 95.00 75.00 75.00 75.00 95.00 75.00 75.00 75.00 95.00 95.00 95.00 75.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 100.00 100.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00
PICKET CAESAR WRAP	95.00
RRISUIT ANSED / VEGAN RISUID CONTINENTAL 2 RISUID CONTINENTAL 3 RISUID CONTINENTAL	95.00
PRESH FRUITS	95.00 95.00 75.0
NESST TRUINS CUP - MIXED FRUITS 75.00	75.00
CUP - MIXED FRUITS	95.00
CIP- GREEK SALAD	Nursery Primary Second Scilad Fruits Amount
CUP- CREEK SALAD Tuesday, September 04, Nursely Nironay Second Solid Nutsely Nironay Solid Nironay S	Nursery Primary Second Solad Fruits Amount
SET MENU STEAMED RICE, ROASTED LONG BEANS 140,00 150,00 175,00	SET
SEEMENU STEAMED RICE, ROASTED LONG BEANS 140,00 159,00 159,00 20,0	140.00 150.00 175.00
ASIAN SERVED WITH OATMACL COOKE & NUM FRUIT CUP 100.00 110.00 115.00 115.00 20.0	100.00
SEF BOURCUIGNON STEAMACH PROPRIES 100.00 110.00 110.00 135.00 20	PPERS 100.00 110.00 135.00 20.00 20.00 PPERS 100.00 110.00 135.00 20.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 95.00 20.00 20.00 95.
CONTINENTAL 1 STEAMED RICE, ROASTED GREEN BEANS, CAULIFLOWER & RED BELL PEPPERS CONTINENTAL 2 STEAMED RICE, ROASTED GREEN BEANS, CAULIFLOWER & RED BELL PEPPERS TOO,00 TO	PPERS 100.00
SIEMMED RICE, ROASTED GREEN BEANS, CAULIFLOWER & RED BELL PEPPERS 100.00 110.00 135.00 20.00	PPERS 100.00
CONINIENTIAL 2 STEAMED RICE, ROASTED GREEN BEANS, CAULIFLOWER & RED BELL PEPPERS 100,00 110,00 135,00 20,0	100.00
PASTA FETUCCINE ALIFEDO 100.00 110.00 135.00 20.00	100.00
PLANT BASED VEGAN TOPU IN LIGHT SOY TOWN 1000 1100 18300 2	100.00
SANDWICHES TUNA SALAD SANDWICH 95.00 95.00 95.00 20.00 2	95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 95.00 20.00 20.00 95.00
CHICKEN HAM ENGLISH MUFFIN 95.00 95.00 95.00 20.00	95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00
ENGLISH BANGERS ON HOTDOG BUNS 95.00 95.00 95.00 20.01 20.01	95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 95.00 95.00 95.00 20.00 20.00 95.00 175.00 175.00 175.00 175.00 175.00 175.00 175.00 175.00 175.00 175.00 175.00 175.00 175.00 175.00 175.00 175.00 1700.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 95.00 20.00 20.00 95.00 9
PLANT BASED / VEGAN VEGETABLE PANINI (WHOLE WHEAT) 95.00	95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 75.00 95.00 75.00 75.00 75.00 95.00 95.00 95.00 75.00 75.00 75.00 75.00 75.00 75.00 75.00 75.00 75.00 75.00 75.00 75.00 75.00 75.00 75.00 75.00 75.00 75.00 75.00 75.00 100.00 150.00 175.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 75.00 95.00 95.00 95.00 75.00 95.00 95.00 95.00 75.00 95.00 95.00 95.00 75.00 95.00 95.00 95.00 75.00
PRESH FRUITS	95.00 95.00 95.00 95.00 75.00 75.00 75.00 95.00 95.00 95.00 75.00 75.00 75.00 Nursery Primary Second Salad Fruits Amount SET SET SET 140.00 150.00 175.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 95.00 95.00 95.00 95.00 75.00 95.00 95.00 95.00 95.00 95.00 95.00 95.00 95.00
CUP - MIXED FRUITS 75.00	75.00
CUP - MIXED FRUITS 75,00	95.00 95.00 95.00 75.00 75.00 75.00 Nursery Primary Second Salad Fruits Amount SET SET SET 140.00 150.00 175.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 95.00 95.00 95.00 95.00 95.00 95.00 95.00 95.00 95.00 95.00 95.00 95.00 95.00 95.00 95.00 95.00
CUP- GARDEN SALAD 75.00	75.00 75.00 75.00 75.00
CUP- GARDEN SALAD Wednesday, September 05, Nursery Primory Second Solid Fulls	Nursery Primary Second Salad Fruits Amount
SET MENU MASHED POTATO, ROASTED VEGETABLES 140.00 110.00 110.00 135.00 20.00 20.00	SET
MASHED POTATO, ROASTED VEGETABLES 140.00 150.00 175.00 1	140.00 150.00 175.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 95.00 95.00 20.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 <t< th=""></t<>
CONTINANTAL 1 SERVED WITH MUSHROOM SOUP & MINI BROWNIE 100.00 110.00 135.00 20.00	100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 75.00 75.00 75.00 95.00 95.00 95.00 95.00 95.00 95.00 95.00 95.00 95.00 95.00 95.00 95.00 75.00 75.00 75.00
ASIAN FISH TEMPURA W/ TEMPURA SAUCE	100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 75.00 95.00 75.00 75.00 75.00
ASIAN STEAMED RICE, ROASTED SQUASH IN ONIONS & TOMATOES 100.00 110.00 135.00 20.00 20.00 20.00 20.00 20.00 110.00	100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 95.00 75.00 75.00 75.00
CONTINENTAL 2 CHICKEN BBQ STEAMED RICE & ROASTED VEGETABLES 100.00 110.00 135.00 20.00	100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 100.00 110.00 135.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 95.00 75.00 75.00 75.00
CONTINENTAL 2 STEAMED RICE & ROASTED VEGETABLES 100.00 110.00 135.00 20.00	100.00
PASTA ITALIAN SAUSAGE SPAGHETI 100.00 110.00 135.00 20.00	100.00
PLANT BASED / VEGAN POTATO SPINACH CASSEROLE (SOY MILK, NO CREAM & BUTTER) 100.00 110.00 135.00 20	100.00
CRISPY FISH PANINI 95.00 95.00 95.00 20.00	95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 75.00 75.00 75.00 75.00 75.00 75.00 75.00 75.00 75.00 75.00
SANDWICHES GRILLED CHEESE SANDWICH WITH BACON AND PEAR PANINI 95.00 95.00 95.00 20	95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 75.00 75.00 75.00 75.00 75.00 75.00 75.00 75.00 75.00 75.00
BEEF PASTRAMI SANDWICH (HOTDOG BUN) 95.00 95.00 95.00 20.00	95.00 95.00 20.00 20.00 95.00 95.00 20.00 20.00 95.00 95.00 20.00 20.00 95.00 95.00 75.00 75.00 95.00 95.00 95.00 95.00 75.00 75.00 75.00 75.00
PLANT BASED / VEGAN GRILLED EGGPLANT SANDWICH (WHEAT BREAD) 95.00 95.00 95.00 20.00 20.00	95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 75.
PLATE - MIXED FRUITS	95.00 95.00 75.00 75.00 75.00 75.00 95.00 95.00 75.00 75.00
CUP - MIXED FRUITS 75.00	75.00 75.00 75.00 95.00 95.00 95.00 75.00 75.00 75.00
PLATE - CAESAR SALAD 95.00 95.00 95.00 95.00	95.00 95.00 75.00 75.00 75.00 75.00
CUP- GARDEN SALAD 75,00	75.00 75.00 75.00
Thursday, September 06, Nursery Primary Second Salad Fruits	
SET MENU BEEF WITH SOY LEMON SAUCE STEAMED RICE, STIR FRY GREEN BEANS SET 140.00 SET 140.00 SET 150.00 SET 175.00	Number of Drive and Control of the Control
STEAMED RICE, STIR FRY GREEN BEANS 140.00 150.00 175.00	
ASIAN SERVED WITH MINI MIXED GREEN SALAD & MINI FRUIT CUP 100.00 110.00 135.00 20.00 20.00 20.00 ASIAN BAKED FISH WITH CREAMY GARLIC SAUCE STEAMED RICE, ROASTED MIXED VEGETABLES 100.00 110.00 135.00 20.00 20.00 20.00 CONTINENTAL 2 CORNFLAKES CHICKEN WITH HONEY MUSTARD STEAMED RICE, ROASTED MIXED VEGETABLES 100.00 110.00 135.00 20.00 20.00 PASTA BAKED PESTO & SPINACH LASAGNA 100.00 110.00 135.00 20.0	
ASIAN BAKED FISH WITH CREAMY GARLIC SAUCE STEAMED RICE, ROASTED MIXED VEGETABLES CONTINENTAL 2 CORNFLAKES CHICKEN WITH HONEY MUSTARD STEAMED RICE, ROASTED MIXED VEGETABLES PASTA BAKED PESTO & SPINACH LASAGNA 100.00 110.00 135.00 20	
ASIAN STEAMED RICE, ROASTED MIXED VEGETABLES 100.00 110.00 135.00 20.00	100.00 110.00 135.00 20.00 20.00
CONTINENTAL 2 CORNELAKES CHICKEN WITH HONEY MUSTARD STEAMED RICE, ROASTED MIXED VEGETABLES 100.00 110.00 135.00 20.00 20.00 PASTA BAKED PESTO & SPINACH LASAGNA 100.00 110.00 135.00 20.00	100.00 110.00 135.00 20.00 20.00
CONTINENTAL 2 STEAMED RICE, ROASTED MIXED VEGETABLES 100.00 110.00 135.00 20.00 20.00 PASTA BAKED PESTO & SPINACH LASAGNA 100.00 110.00 135.00 20.00 20.00	
PASTA BAKED PESTO & SPINACH LASAGNA 100.00 110.00 135.00 20.00 20.00	100.00 110.00 135.00 20.00 20.00
17677	
FLANT DASED / YEGAN TRAKBEQUED TOTU WITH BROWN RICE	
	100.00 110.00 135.00 20.00 20.00
OUEFOR BUILD	
70.00 70.00 70.00 20.00 20.00	
70.00 70.00 70.00 20.00 20.00	
EGG SALAD SANDWICH 95.00 95.00 95.00 20.00 20.0	95.00 95.00 95.00 20.00 20.00
	95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00
	95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 20.00 20.00
FRESH FRUIIS	95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00
FRESH FRUITS PLATE - MIXED FRUITS 95.00 95.00 95.00 75.00 75.00 75.00 75.00 PLATE - COBB SALAD 95.00 95.00 95.00 95.00	95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 95.00 95.00 95.00 20.00 20.00 75.00 75.00 75.00 75.00 75.00

	Friday, September 07,	Nursery	Primary	Second	Salad	Fruits	Amount
SET MENU	CHICKEN AFRITADA	SET	SET	SET			
	STEA,MED RICE, ROASTED SQUASH WITH ONIONS AND TOMATOES	140.00	150.00	175.00			
ASIAN	SERVED WITH VEGETABLE SOUP & CHOCO CHIP COOKIE	100.00	110.00	135.00	20.00	20.00	
CONTINENTAL 1	APPLE CRANBERRY STUFFED PORKLOIN	100.00	110.00	135.00	20.00	20.00	
COMMENTAL	STEAMED RICE, MIXED VEGETABLES	100.00	110.00	133.00	20.00	20.00	
CONTINENTAL 2	BATTERED FISH FILLET W/ APPLE CIDER VINEGAR	100.00	110.00	135.00	20.00	20.00	
COMMINEMAL 2	STEAMED RICE, MIXED VEGETABLES	100.00	110.00	133.00	20.00	20.00	
PASTA	PASTA PUTTANESCA	100.00	110.00	135.00	20.00	20.00	
PLANT BASED / VEGAN	PASTA WITH ROASTED VEGETABLES	100.00	110.00	135.00	20.00	20.00	
	CHEESE BURGER SANWICH	95.00	95.00	95.00	20.00	20.00	
SANDWICHES	TUNA SALAD SANDWICH IN FOCACCIA BREAD	95.00	95.00	95.00	20.00	20.00	
	BREAKFAST BAGEL	95.00	95.00	95.00	20.00	20.00	
LANT BASED / VEGAN	VEGGIE TOFU WHOLE WHEAT SANDWICH	95.00	95.00	95.00	20.00	20.00	
FRESH FRUITS	PLATE - MIXED FRUITS	95.00	95.00	95.00			
TKLSHTKUIIS	CUP - MIXED FRUITS	75.00	75.00	75.00			
SALADS	PLATE - GARDEN SALAD	95.00	95.00	95.00			
	CUP - GREEK SALAD	75.00	75.00	75.00			
	DRINK ITEMS				QTY	PRICE	AMOUN
	COWHEAD MILK (PURE,LITE)					45.00	
	CERES (APPLE,ORANGE,RED GRAPES)					45.00	
	FRUIT SHAKE 80z (LEMON, STRAWBERRY, WATERMELON)					60.00	
	HOPE WATER 350ML					20.00	
	HOPE WATER 500ML					30.00	
	PICOLE (STRAWBERRY, MANGO, LEMON, NATURAL, BLUEBERRY)		<u> </u>			55.00	
	NESTLE YOGURT (MANGO & STRAWBERRY)					45.00	
	YAKULT					15.00	
	PASTRY						
	CHOCO CROISSANT					80.00	
	PLAIN CROISANT					70.00	
	APPLE CRAMBLE					45.00	
	BANANA BREAD					45.00	

PRE- ORDERING INSTRUCTIONS:

Please use our pre-order form and fill up one form for each child completely.

Please indicate any special dietary restrictions.

You can order weekly or monthly. Please place your pre order on or before 3pm the day before.

CANCELLATION OF PRE ORDER

The cancellation of pre order meals should be made on or before 8AM in the morning.

Any order not cancelled or not advised properly cannot be credited the next day.

Credits from cancelled meals can be used by deducting it directly to their next pre- order.

PAYMENT LOCATIONS & OPTIONS: All canteen transactions should be paid directly to Institute of Culinary Management Inc.

1.) CANTEEN LOADING STATION

 $\textbf{Cash} \quad \textbf{OR} \quad \textbf{Check - Please make Check payable to: } \\ \textbf{Institute of Culinary Management Inc. or ICMI} \\ \textbf{Constitute of Constitute of Culinary Management Inc. or ICMI} \\ \textbf{Constitute of Constitute of Constitute of Constitute Inc.} \\ \textbf{Constitute of Constitute of Constitute of Constitute Inc.} \\ \textbf{Constitute of Constitute of Constitute of Constitute Inc.} \\ \textbf{Constitute of Constitute of Constitute of Constitute Inc.} \\ \textbf{Constitute of Constitute of Constitute Inc.} \\ \textbf{Constitute of Constitute of Constitute Inc.} \\ \textbf{Constitute of Constitute of Constitute Inc.} \\ \textbf{Constitu$

2.) BANK DEPOSIT - UNION BANK - Any Branch

Account Name: Institute of Culinary Management, Inc

Savings Account Number #: 10172-0001001

Please email the copy of the deposit slip to chefnanz@gmail.com and cafeteria.eis@gmail.com so we can credit your child's account. Please make sure to indicate your child's name.

If you have any concerns please contact JAI PAPIO at 994-4994 or 09054998200 or email at cafeteria.eis@gmail.com or contact Chef Nancy Dizon-Edralin at 502-2811 or 0917-5012398 or email chefnancy.ice@gmail.com